

## Davis Life Concepts for Autism Workshop - A pathway to full participation in life

A workshop specifically created for educators, therapists, family members and support people of those with ASD, as well as individuals on the autism spectrum who are looking for a self-development program.

<p><b>Workshop:</b> Davis Life Concepts for Autism Workshop (DLCA)</p>
<p><b>Description:</b> An introductory course to the Davis Autism Approach®</p>
<p><b>Aim:</b> To provide the opportunity to gain sufficient knowledge and skills to actively support a person with autism working through the Davis Autism Approach® Program.</p>
<p><b>Course Length:</b> 5 days – 35 hours</p>
<p><b>Pre-requisite reading:</b> <i>Autism and the Seeds of Change</i> – By Abigail Marshall and Ronald D. Davis</p>
<p><b>Who should attend:</b></p> <ul style="list-style-type: none"> <li>• Teachers, teacher aids, therapists, counsellors, psychologists, social workers.</li> <li>• Parents, family members and support persons of individuals over the age of 8 who are on the autism spectrum or who demonstrate autistic characteristics.</li> <li>• Older individuals with ASD who are looking for a self-development program.</li> </ul>
<p><b>Workshop materials provided:</b></p> <ul style="list-style-type: none"> <li>• Davis Life Concepts for Autism kit - including workshop manual, concept definition booklet, plastilina clay, clay cutter, koosh balls, and a download of the Davis Auditory Orientation sound.</li> <li>• Powerpoint notes</li> </ul>

## Learning Outcomes

### Upon completion of the workshop you will:

- Demonstrate an understanding behind the rationale for the Davis Life Concepts for Autism program and how it helps those with ASD participate more fully in life.
- Identify key life concepts and why they are best explored in a specific sequence.
- Describe and reflect on the technique of Concept Mastery using plastilina clay and gain experience on how to guide another or self through this process.
- Gain the ability to teach and actively create (using the engaging hands-on method of modelling with plastilina clay) the fundamental life concepts of:
  - *change, consequence, cause & effect, before & after, time, sequence, order & disorder*
  - *continue, survive, perception, thought, experience*
  - *energy, force, emotion, want, need, intention, and*
  - *motivation, ability, control, responsibility.*
- Gain an understanding of how to create meaningful, positive learning experiences in the home, school or external environment to actively explore these life concepts.
- Describe how to help an individual to establish order in their physical environment.
- Explore how to facilitate social awareness by focusing on the different types of relationships and behaviors we have with others.
- Practice the Davis self-regulation strategies for yourself, to support you in remaining calm and relaxed while working with the individual.
- Demonstrate the techniques needed to guide another through the use of the Davis Self-regulation strategies, in order to help an individual to become more present in the world; develop accurate perceptions; gain an awareness of self; and develop the ability to regulate their focus, stress and energy levels.
- Create a plan of how to implement the Davis Life Concepts for Autism program so that it meets the needs of the individual.

### Teaching and Learning Tools:

- PowerPoint presentations and guided discussions
- Videos
- Demonstrations and guided practice
- Q & A
- Group work

### Evaluation:

- Self-assessment by participants of skills and knowledge gained throughout the workshop.
- Assessment of participant skills and knowledge by the course leaders

### Note:

**This workshop does not include certification or licensing for commercial use of the Davis trademarks; such use requires extensive additional training.**